

Miracles in Motion



Volume 16 Issue 3

Fall 2003

Second Annual 5K Raises Funds, Spirits Mercy Pediatric Rehabilitation Center Miracles in Motion 5K Challenge

Nothing could have been better than enjoying beautiful fall weather and raising funds for Miracles in Motion at our second annual 5K! On October 12, the Mercy Pediatric Rehabilitation Center Miracles in Motion 5K Challenge raised \$15,112. Many thanks to the 84 people who came to the event at Squaw Creek Park. Some were old friends, others were new friends. Some ran, some walked, and some wheeled their way on our improved course.

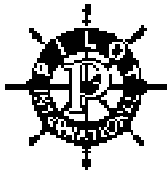


We would like to recognize our generous event sponsors, including: **Mercy Pediatric Rehabilitation Center, Cedar Valley Hand Surgery, PLC,**

McNutt Equine Veterinary, Linn County Civitan Club, Saddle & LeatherShop, Genencor, Leepfrog Technologies, Vic's Auto Body Repair, Inc. and Cedar Rapids Metro Pilot Club.

In-kind donors for event supplies and prizes include **Coca-Cola, Hawkeye Foodservice Distribution, Old Country Buffet (Coralville), Olive Garden Italian Restaurant, and The University of Iowa** (goody bags). **Raining Rose, Inc.** donated lip balms and **CornerHouse Gallery & Frame** donated a beautiful framed print that our top challenge participant won. Thanks to **Kingdom Graphics, West Branch,** for T-shirt sponsorship and **Alysia Haman** for designing the shirt!

Many thanks to Cedar Rapids Metro Pilot Club. They were inadvertently omitted from 5K shirts and banners.



We apologize for the error and recognize them for their continued support of Miracles in Motion!

Our top Challenge fundraiser was Ronnie Weiland. She raised the most money over and above her entry fee in the 5K! As a result, she won the CornerHouse Gallery & Frame print, "Is this heaven?" The other Challenge fundraisers did a great job, too, and many of them won prizes. They are

listed along with the individual donors at right. If you participated, look for your name on the participant list inside this newsletter.

New committee members are needed to continue the great work our team has started. Now is the time to step up and take your place. It's a great experience and an opportunity to get some hands-on experience in leadership, sales, fundraising, publicity, data entry or event planning. Oh, and by the way, you will have fun and get to know some amazing people while helping Miracles with a very important job — fundraising!

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See inside for 5K participant names, horse show photos and much more Miracles in Motion news!

From the 2003 5K committee, thank you to participants and donors. Be sure to participate next year! If you're interested in helping plan next year's event, let one of us know.

- Erin Hazen, Ken & Denise Welsch, Elaine Mayer, Ruth Paarmann, Joyce Snyder, Jennifer Rinden

These individuals participated in the 5K Challenge or donated \$75 or more to Miracles in Motion's 5K:

Lindy Beauregard
Sue Bock
Deborah Charipar
Carrie Cilek
Judith Cullen
Alysia Haman
Kate & Hami Hopp
Patricia Isaacs
Ranae Jostad
Elaine Mayer
Sandy Pickup
Doug Roman
Dan & Alex Schaeffel
Joyce Snyder
Cammy Wagenknecht
Kaaryn & Robert Weinmann
Denise Welsch
Veronica Wieland
Art & Cleo Schmidt
Swiss Valley Farms
KME Office Services
Dolores Lane
Ronda Furbeck
James & Carol Heffernen
Ruth Paarmann
Elizabeth Hladky
Kate & Joe Hladky

Program News

It's been another banner year at Miracles in Motion! Through the help, hard work and dedication of many we have served over 160 participants this year. Just to put that number in perspective—that's a 23% increase over 2002! And, this was accomplished without increasing our operating budget!

The Leg Up Program (our equestrian-activities program for "at-risk" youth) continued to be a favorite of students and volunteers alike. In addition to serving Tanager Place residents and students from Prairie High School, we also provided programming to a group of residents from Four Oaks this summer.

The majority of our Leg Up students come to Miracles with little or no horse experience. It is wonderful watching the progression of skills as our students work their way from timid "green-horns" to competent "hands" in a matter of weeks. At the end of each session, the vast majority of our Leg Up students are catching, grooming, tacking and trail-riding independently! And, we are proud to report that we now have one Leg Up



Kata Garten on Billy with Emily Wemmer and Laurinda Kraft.

Fourth Annual Horse Show

Many positive statements were made about the new format at the horseshow this year. We all felt it ran very smoothly, not to mention timely. There were about 200 in attendance. This included families and volunteers. We had many gracious donations from Polehnas Meat Market, the Anderson family, Hy-Vee, Joe and Kate Hladky, Gene & Dot Hinmans, Robin Ballantyne and many more. As we all know it takes a supreme team effort to put a day like this together and we thank all of you who supported in thought or in deed. The payoff on some of those blue-ribbon faces was as they say "Priceless".

As always when we think ahead to next year, we like to have fresh perspectives. So if you have any ideas about a specific class you would like to have in next year's horse show (ex: ride-a-buck), please feel free to email Toni at Tonisands@hotmail.com with your ideas.

Program graduate volunteering on horse committee!



The biggest challenge we faced with our therapeutic riding classes this year (as in all years) was providing enough classes for all the students wishing to ride. Thanks to the extra efforts of volunteers and staff, we were able to provide classes for just about everyone on our waiting list. We also welcomed, this summer, students from the Mayor's Youth Employment program in Johnson County. The MYE provides a summer day camp for teens with disabilities. We had a wonderful time working with the students and staff of MYE and look forward to many more summers of fun!

The St. Luke's hippotherapy program served many clients this year with their new spring and fall hippotherapy schedule. The therapists, Carol Daly, Rosie Santoiemma and Kris Kernan avoided the problem of summer heat and cancellations due to the heat, by making this change. As a result they were better able to serve their many clients. The Mercy Medical Center therapists, Karen Mauss and Nichole Plagge took the 2003 program year off to have babies—congratulations Karen and Nichole. We look forward to your return in 2004!

- Sue Bock, Program Director



Brady Strotman rode Chief Pilot with sidewalker Marilyn Cannady and horse leader Karen Molacek

5K Participants - THANKS!

Judith E. Barnes	Elizabeth Hladky	Brian Reynolds
Lindy Beauregard	Kate Hladky	Ron Ricklefs
Brad Bixby	Neall Hoefing	Jennifer Rinden
Sue Bock	Patricia Isaacs	Mark Robertson
Wayne Boddicker	Lois James	Doug Roman
Scott Boddicker	Tracy Jandik	Jenny Seaton
Jamie Bright	Cindy Jensen	Howard Siver
Deborah Charipar	Ranae Jostad	Pete Snyder
Lisa Clough	Karen and Randall Klinzing	Joyce Snyder
Justin Conklin	Stephanie K. Leclere	Wade Soenksen
Dana Conklin	Jeffrey Lour	Annie and James Stevenson
Judith Cullen	Keith Lowrn	Kelly and Cynthia Stevenson
April Dietrich	Katia Loyd	Vicky Thomas
Chantelle Dietrich	Steve Malerich	Cammy Wagenknecht
Jeff Ealy	Ken Manzel	Kathy Wagenknecht
Kelly Ealy	Lori Manzel	Kaaryn & Robert Weinmann
Dave Farmer	Karen Mauss	Seth Weis
Mary Ann Filosa	Kathleen & Kathy May	Barbara Welsch
Donna Finch	Nadine McNeal	Denise Welsch
Holly Foster	Kathy Neal	Ken Welsch
Wade Gerdemann	Patricia Neville	Natasha Wendt
Suzanne Graff	Jackie Newman	Jennifer Whitford
Alysia Haman	Michael Odell	Veronica Wieland
Ellen Haman	Jan Odell Butterworth	Sarah Williams
Tim Hazen	Rosemary Oliver	Jody Wilson
Carol and Michael Heffernen	Peg P	Sarah Witter
Kara Heying	Sandy Pickup	Michael Wright
Cathy Hill	Bonnie Pitz	

Visit the Horses!

Students, families and volunteers: If you miss your favorite horse during the winter, you can visit on the **second** Tuesday of each month from 4:00 to 6:00pm. **Dates are:**

**December 9, January 13, February 10
and March 9.**

The horses will be in the arena to pet over the fence. No riding—just petting and hugging. Donations of bags of carrots, apples or horse treats will gladly be accepted at any time, however, we will **not** feed treats during the visits.

blizzard or ice occurs.

Golf Event Plans Under Way

The date for the golf Outing is set for Tuesday, June 22, 2004. We will have a shotgun start at 1:00 p.m. It will be held at Hunter's Ridge and will cost \$125 per player including a dinner after the tournament.

Our committee has started meeting. Currently, we are working on asking our large donors and mailing out "save the date" cards to players who have played in the past. Feel free to call 366-4455 and ask for Kara if you are willing to help with this event.

- Kara Heying karaheyng@yahoo.com

On Fundraising

The Golf Outing and 5K committees have worked very hard over the past two years establishing our two fundraisers. They have done a wonderful job with these events that, this year, brought in a combined total of \$26,000 for Miracles. (That amount is just under 25% of our annual budget.) As you can see, these two events make it possible for Miracles in Motion to continue operating.

One of our goals is to have the support of the **majority** of our students, families and volunteers. Our goal is to have 100% participation. **You can help us reach this goal by joining one of our fundraising event committees** — the committees are already planning the 2004 events, and it takes many hours to check off all the tasks that make events successful. Please join them by volunteering on a committee and pledging your financial support for Miracles in Motion today.

Do you know and own PageMaker?
If so, please call Ruth Paarmann at 362-0777 to find out about a neat opportunity.

Volunteer Spotlight by Toni Keating

Susan Stewart is one of our new Jr. volunteers. Miracles is fortunate to have gained such an avid and natural horse-lover. Susan has been riding at Greenbriar (Robin Ballantyne's barn) for two years now. She is a recent member of our trail riders, and has an affinity for Red. Susan's family moved to Iowa from North Carolina where her mother practiced nursing at a neonatal unit at Duke University. Susan spends her summers in Florida where she has many family members. She is the third child and only girl of four children. Susan attends the 7th grade at Oakridge Middle School. Here she plays the alto saxophone in the Jazz band. She has also taken piano lessons for three years.

scan photo
here

Susan Stewart

Susan told me she would like to attend a space camp because she really does want to be an astronaut.

At what would seem to be a youthful age Susan has developed a motto that she feels suits the way she would like to live her life. That motto is, "Laugh hard, live long". You know what they say, "Out of the mouth of babes..."

Anyone who has volunteered on the Saturday crew knows Susan is a pleasure to work with. She is cheerful and always willing to lend a hand or try new things. Miracles is fortunate to have added such a valuable member to our ever-growing Jr. volunteer population. When one considers that the Jr. volunteers are Miracles future horse committee, side-walkers, exercise committee, and even instructors; it is refreshing and encouraging to know that Miracles will be as vibrant and motivated as it is now.



The Miracles in Motion Drill Team.

Meet Miracles' New Office Assistant

By Emily Wemmer



Megan Hills

If you've been out to Miracles recently, you've probably noticed a new face in the office. Megan Hills is a work-study student who spends about 12 hours each week assisting Sue Bock with donation processing, data entry, and organizing lots of paperwork!

Megan is currently working on her first year as a Business Administration student at Kirkwood Community College, and has plans to continue her education at either the UI or UNI. She enjoys her job at Miracles in Motion because it is related to her studies. In fact, her experiences at Miracles have inspired her to consider pursuing a career in non-profit business.

According to Megan, being at Miracles in Motion also offers her a break from life in the city. The Mt. Union, IA, native currently lives in Cedar Rapids in Kirkwood's dorms, and says that she often misses her rural hometown. "I like being out in the country," Megan explains.

Though she is a horse lover, Megan admits that she hasn't had much riding experience in the past. She hopes to get a chance to ride at Miracles one of these days. In the meantime, she is happy just to toss an apple or two over the fence now and then.

When she started at Miracles, Megan says, "I had no idea about the program." After observing some Leg Up classes, however, Megan would like to get more involved in therapeutic riding, and will probably volunteer in classes in the spring. We're happy to have Megan on our team!

Horse News

Horse Committee volunteers—don't be a stranger! The horses will appreciate visits this winter. You can groom and do ground-work activities with the horses (talk to Toni or Sue for ideas.)

Reminder: You must be an active Horse Committee volunteer and have another active Horse Committee volunteer with you. (If you are under 18 years of age, you must have an adult member of the HC with you.)

Also, with winter come snow and ice and cold and that means the horses will be spending time in their stalls and in their blankets. If you have time and the desire, please email us to see if there are stalls to clean! Contact sarahwillm@hotmail.com. Any help is very appreciated!

P. Buckley Moss Raffle Results

On September 9, 2003, Carolyn Gavalas of Vinton won the P. Buckley Moss "Unbridled Spirit" framed print that the Moss Reflections group donated. Congratulations to Carolyn! Miracles in Motion thanks the Moss Reflections group, Peppertree Studios, and Superior Press for supporting this raffle and helping us raise \$1717 in ticket sales, to be used for riderships. Thanks to Betty Johnson of Moss Reflections and Mary Jen Bear of Peppertree Studios for working together to make this raffle so successful.

AmeriCorps Volunteers

AmeriCorps National Civilian Community Corps is a federal program that allows young adults, aged 18-24, to serve their country and receive college benefits. Miracles in Motion was very fortunate to have two AmeriCorps crews this year. For a total of twelve weeks, nine full-time volunteers helped with classes and property upkeep. (Totaling 4300 volunteer hours!)

Our wonderful AmeriCorps crews worked in our daytime classes, painted outbuildings, refurbished the basement emergency shelter, put up bird netting in the indoor arena, built a planter around our sign, added a new pasture, put 400 bales of hay in the hayloft and completed countless other property chores. In addition, they provided services to the Corps of Engineers at several Johnson County campgrounds.

It was a pleasure to work with and get to know our AmeriCorps "kids." Thanks to Joyce Snyder, Elaine Mayer, Kate & Joe Hladky, Dixie Knake, Sabra & Brian Fleck, JP Bickel and Carol Daly for providing meals for our hungry crews!

Volunteer Corner

Last newsletter I said Miracles had an "awesome" group of volunteers. I now realize "awesome" doesn't even begin to describe the MIM volunteers.

Thank you all so much for a very busy and successful year. The success of our program depends on **YOU THE VOLUNTEER!** I would like to recognize certain individuals and groups of people who are responsible for our success.

New volunteers – I hope this has been a positive and rewarding experience for you and that you will return in the spring. Tell your friends, neighbors, and relatives about us. As our program continues to grow so does our need for volunteers – it's never-ending.

Old Volunteers – We love you for coming back. The perks of returning each year to volunteer at Miracles are the people that you get to meet (students, parents, caregivers, other volunteers) and of course the horses. After volunteering for a while at Miracles camaraderie is formed between the students, horses, and volunteers. Many friendships have been created through volunteering for Miracles.

Instructors – Thank you for all your time and talents. It's fun to watch the student's progress through your excellent teaching abilities.

Our fundraising committees have done a colossal and stupendous job of raising money for our program. Again, many hours go into our fundraising activities. Thank you golf committee members and 5K walk-a-thon committee members!

Also, thank you to all of you that helped at the 2003 Horse Show. It was a rather warm day but much fun was had by the students, parents and the volunteers.

I would like to mention two individuals who are multi-talented and are not only excellent with people and horses but extend their talents to other areas.

Thank you Ruth Paarmann for updating our Website and editing our newsletters. Many, many hours go into these two activities. We have received many compliments on both. And if that is not enough, Ruth serves on our board of directors and recently helped on the 5K walk-a-thon. Ruth you are one volunteer extraordinaire!

A special thanks also goes out to Deveri Johnson, who has created a database for our volunteer hours. Besides bringing her sewing talents to MIM (as mentioned in the last newsletter) she has brought her computer skills to MIM. Thank you for being so generous with your time and talents Deveri!

A volunteer appreciation party is being planned over the winter months. Time and details will be announced at a later date.

AGAIN, THANK YOU VOLUNTEERS FOR SHOWING YOU CARE BY VOLUNTEERING AT MIRACLES AND MAKING THEM HAPPEN!!!

-Carol Heffemen, Volunteer Coordinator

We Wish...

Miracles needs a variety of supplies to stay well-stocked, and some other items would be a big plus! If you have a chance, bring one of the items out to Miracles. Thanks!

Tools, tools, tools:

Hammer, pliers, screwdrivers (assorted)
Tool bucket liners
Work gloves
Reciprocating saw
Hand drill(s)
Chain saw
Cordless circular saw

Treats:

Apples, carrots, store-bought treats for horses
Cat food
M&M's for volunteers

Garden:

Perennial flowers & grasses
Zinnia & sunflower seeds
Garden stones
Decorative rocks
Patio table with umbrella & chairs
Birdbath

Property:

Light bulbs
Laundry soap
Trash bags
All-purpose cleaner
Dish soap
Styrofoam cups, Dixie cups, plastic spoons
ATV (4-wheeler with cart)
Riding lawn mower
Refrigerator
Cordless phone

Class props:

Balls: all sizes & shapes!
Music CD's: all kinds
Cassette deck to hook into the sound system (not boom-box)

Miracles in Motion is accredited by the North American Riding for the Handicapped Association (NARHA), www.narha.org



Property Report

Several improvements were made to the Miracles farm this summer including the addition of another pasture and the installation of bird netting in the indoor arena.

The new pasture was made possible through a grant from the General Mills Foundation and was installed by our AmeriCorps volunteers. This new pasture will be added to the rotational grazing program and will promote the continued well-being of our land and our horses.

You may have noticed that the indoor arena became less noisy this fall. That is due to the installation of netting in the rafters of the arena. This netting will prevent the birds from nesting in the rafters. The netting was donated by Kathy Winters at Easy Gardener, Inc. of Waco, Texas and the AmeriCorps crew completed installation this fall. Kudos to Kate Hladky for the idea and soliciting the donation and to Kelly Stevenson for getting us the tools to get the job done.

**Instructors:
Your NARHA compliance
forms are due in December.
Please remember to complete
and send them in.**

Donor Profile: 2 Bee Racing By Emily Wemmer

In recent years, 2 Bee Racing of Swisher has been one of Miracles in Motion's most loyal donors. Each year, the 2 Bee Racing group holds a series of local bike races, and then donates the proceeds to Miracles. Since 2000 both 2 Bee Racing and its donation have grown: three years ago 2 Bee gave around \$400, or the profits from six races; this year the group will host 33 races and hopes to donate close to \$4000! This local club has put a lot towards making miracles happen in its community, but what exactly is 2 Bee Racing?

According to the group's website, www.2beeracing.com, "We are just a small grass roots bike club that tries to promote low key but challenging races for all levels of riders." 2 Bee's goal is not competition, but fun with the sport of cycling.

If you're looking for something intense or glamorous, says 2 Bee founder Conn Day of Swisher, you're looking in the wrong place. 2 Bee promotes "racing for the sake of racing itself" in a series of events around the Cedar Rapids-Iowa City area. Though the organization boasts only six members, 2 Bee races draw participants from as far away as Des Moines, Waterloo, and the Quad Cities. Many more come from Iowa City's cycling club. Racers at each event compete not for prize money, but for pies donated from Perkins Restaurant and Bakery in Iowa City. Competitors who participate in 2 Bee all season can earn points towards a year-end prize drawing, usually an item from Scheels of Iowa City.

2 Bee Racing depends on community support, whether in the form of volunteer work or sponsorships from local businesses like Wal-Mart, HandiMart, Perkins, Scheels, and Dale Lee Distributors. As a result, Conn Day says he understands the importance of supporting local nonprofit groups, like Miracles in Motion. When he moved to the area six years ago, Mr. Day heard about Miracles in Motion and wanted to support its cause. As a father of four, he says he can appreciate what Miracles does for the community.

Next season will mark 2 Bee Racing's fourth year as a Miracles' donor – that is, in Conn Day's words, "if they'll let us do it again!" Thanks to 2 Bee Racing for your loyal and generous support!

If you would like more information about 2 Bee Racing, its events, or how you can volunteer to help with a race, please visit www.2beeracing.com.

Thanks to Our Donors – You Make Miracles Happen!

In Kind Donors: Levi, Henry and Suzanne Anderson, Professional's Choice, Joyce Snyder, Susan Enzle, Easy Gardener, Inc., and Toklat Originals, Inc., Sue Bock, Erin & Tim Hazen, Glenda & Jeff Dixon and Susan Aukes

Individual Donors: Carol Daly, Roxanne Nash, Denise Ganpat, Carolyn Brown, Dixie Knake, Thomas and Karen Clingerman, Craig and Kathleen Harwood, Paul Morf, Rita Minchk, Jacquelyn Hess, Patricia Wemmer, Diane Wurzer, Joe & Kate Hladky, Dave & Beverly Hannon, Lois Kelly and Brad Randall

Corporate Donors: Highway Equipment Company, Guaranty Bank & Trust, C.R. Glass, Co., Swisher Feed and Lumber, River City Paint and Supply, W.W. Grainger, Inc., Kirocofe Oil, Van Meter Industrial, Inc., Ralston Foods, Penford Products and Archer Daniels Midland,

Community Donors: Two Bee Racing Team, Moss Reflections, Iowa Harness Racing, Inc., The Animal Clinic and the staff of the Iowa City Free Medical Clinic,

Foundations: Variety—The Children's Charity of Iowa

Memorial Donations:

In memory of Ruth DeCoster: Monte & Melissa Antisdell, Marguerite Carlson, Roger & Phyllis Gordon, Betty & Don Kirchner, Kathryn & James Miller, Fred Dieckman, Gerald & Janice Rayner, Willis & Pat Lueders, Konrad & Sheryl Zuschlag, Winifred & Randy Hofsommer, Randal & Elaine Rayner, Kenneth & Alice Davies, David & J. Lavon Kirkpatrick, Wayne & Marcia Gregory, Roger & Diana Wiebold, Don DeCoster, Diane Thomsen, Claire Smith, Donald & Barb Forsyth, Paul Garner, Bernard & Phyllis Marak, and Joe & Kate Hladky.

In memory of Myron Schneider: Carla Chapman

In memory of Spunky: Andria Pooley

A Special Donor

Miracles in Motion received a special donation this fall from Levi Anderson (brother of student, Isaac.) Instead of birthday presents, Levi asked his party attendees to bring a gift for Miracles. As a result, many items from our wish list were donated. Thank you, Levi, for being so generous! You are a special person!

ATTENTION ONLINE SHOPPERS:

As the holiday gift-giving season approaches, many of us will skip the crowded malls and lines at the cash register, and do much of our gift shopping with online merchants. Did you know that when you shop online, you could be earning dollars for Miracles in Motion at no extra cost to you? Here's how:

Go to www.igive.com, where over 400 online stores participate in online charitable giving. Participants include some of the biggest retailers, such as Office Max, Lands End, Barnes & Noble, Dell, Gap, Disney. You can even buy tires or rent a car through this website. When you become a member of igive.com (it's free!), and make purchases with one of its participating merchants, they will donate a percentage of your purchase to Miracles in Motion. Percentage varies by vendor, typically 2-10%.

So when you sit down in front of the PC this year to do your holiday shopping, please check www.igive.com first. Chances are, the merchant you were going to buy from is already listed there—and in the process of spreading holiday cheer, you will also help Miracles in Motion continue the important work we do.



Above, Amy Rettenmeier on Speckles in the Horse Show.

Exercise Committee/Trail Rides

It is an exciting time at Miracles as the exercise riders and trail riders have begun another winter season with many new horses. There are plenty to ride if you are thinking about joining either group. Our trail riders meet every Saturday at 10 AM (weather permitting—this is a walk/trot group). Our Exercise Committee riders have a bit more to do. They are responsible for the training of new Miracles horses and the re-schooling of our old faithfuls.

In order to ride at Miracles over the winter, one must have volunteered at least one full session on the horse committee and pass a riding test. For further inquiries please feel free to contact Toni Keating at 319-362-1973 or via email at Tonisands@hotmail.com.

Editor's Thanks

Operations Committee, thanks for helping with the newsletter. Emily Wemmer, Carol Heffernan, Toni Keating, Erin Hazen, Sarah Williams, Kate Hladky, and Sue Bock contributed to this issue.

Linda Patterson and her Jefferson High School Special Education class spend hours inserting stuff, labeling, and stapling. We thank you wholeheartedly for the assistance!

—Ruth Paarmann, Communications Chair

Give the Gift that Keeps Miracles in Motion, Year After Year!



Your tax deductible donation in your loved one's name shows that you care! Your gift will reach many persons with disabilities who are enjoying riding lessons at Miracles in Motion. Any amount — \$10, \$20, \$50, \$100 or more — makes an ideal holiday gift for those hard-to-buy-for types.



DONOR NAME _____

ADDRESS _____

CITY/STATE/ZIP _____

PHONE () _____ E-MAIL _____

Send a greeting to your loved one, letting them know that the gift helps make Miracles happen!

Honoree's Name _____

Address _____

City/State/ZIP _____

Include this greeting from me: _____

Please mail your completed form with check payable to Miracles in Motion, P.O. Box 14, Cedar Rapids, IA 52406.

Thank You!

Moving? Let us know.

Let us know about any change in contact info! Contact the office at 857-4141 or mimotion@infionline.net

Visit www.miraclesinmotion.net for important Miracles in Motion dates.

Save time with student and volunteer forms and enjoy photos!



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